

CORE MOUNTAIN GUIDES

AIARE 2 Equipment List

UPPER LAYERS

- ☐ Long Sleeve Synthetic Shirt
- ☐ Soft Shell or Fleece Jacket
- ☐ Shell Jacket
- ☐ Puffy Jacket
- ☐ Parka with hood

HEAD AND HANDS

- ☐ Gloves 3 pair: 1 light, 1 medium, 1 heavy pair
- ☐ Warm Hat
- ☐ Sun Hat
- ☐ Buff/neck gaiter

BOTTOM LAYERS

- ☐ Synthetic or Wool Long Underwear Bottoms
- ☐ Shell Pant

ACCESSORIES

- ☐ Backpack (25 to 35L)
- ☐ Thermos or Insulated Water Bottles (1.5-2L capacity)
- ☐ Snacks and Lunch
- ☐ Sunglasses/ Sunglass Case
- ☐ Ski Goggles
- ☐ Sunscreen/Lip balm
- ☐ Headlamp

BACKCOUNTRY SKI/SNOWBOARD EQUIPMENT

- ☐ Boots (sized for comfort and warmth)
- ☐ Touring Skis and Splitboard with skins
- ☐ Poles
- ☐ Helmet (recommended)

SNOW SAFETY EQUIPMENT

- ☐ Avalanche transceiver with three+ antennae, fewer than 10 years old
- ☐ Shovel with metal scoop
- ☐ Probe
- ☐ Snow Saw
- ☐ Rutschblock Cord (optional)