



## **Avalanche Rescue Course Equipment List**

### **UPPER LAYERS**

- Long Sleeve Synthetic Shirt
- Soft Shell or Fleece Jacket
- Shell Jacket
- Puffy Jacket
- Parka with hood

### **HEAD AND HANDS**

- Gloves 3 pair: 1 light, 1 medium, 1 heavy pair
- Warm Hat
- Sun Hat
- Buff/neck gaiter

### **BOTTOM LAYERS**

- Synthetic or Wool Long Underwear Bottoms
- Shell Pant

### **ACCESSORIES**

- Backpack (25 to 35L)
- Thermos or Insulated Water Bottles (1.5-2L capacity)
- Snacks and Lunch
- Sunglasses/ Sunglass Case
- Ski Goggles
- Sunscreen/Lip balm
- Headlamp

### **TRAVEL EQUIPMENT FOR THE BACKCOUNTRY**

- Boots (sized for comfort and warmth)
- Touring Skis and Splitboard with skins or Snowshoes
- Poles
- Helmet (recommended)

### **SNOW SAFETY EQUIPMENT**

- Transceiver (Digital, three+ antenna, fewer than 10 years old)
- Shovel
- Probe