

# **Avalanche Course Equipment List**

## **UPPER LAYERS**

- □ Long Sleeve Synthetic Shirt
- □ Soft Shell or Fleece Jacket
- Shell Jacket
- Puffy Jacket
- Parka with hood

## **BOTTOM LAYERS**

- □ Synthetic or Wool Long Underwear Bottoms
- □ Shell Pant

## ACCESSORIES

- Backpack (25 to 35L)
- □ Thermos or Insulated Water Bottles (1.5-2L capacity)
- □ Snacks and Lunch
- Sunglasses/ Sunglass Case
- 🗌 Ski Goggles
- □ Sunscreen/Lip balm
- Headlamp

## SKI/SNOWBOARD EQUIPMENT FOR THE BACKCOUNTRY

- Boots (sized for comfort and warmth)
- □ Touring Skis and Splitboard with skins (required for courses after January 1)

–or–

- □ Snowshoes (allowed on programs before January 1)
- Poles
- □ Helmet (recommended)

## SNOW SAFETY EQUIPMENT

- □ Transceiver (Digital, three+ antenna, fewer than 10 years old)
- □ Shovel
- Probe

## **HEAD AND HANDS**

- Gloves 3 pair: 1 light, 1 medium, 1 heavy pair
- Warm Hat
- Sun Hat
- □ Buff/neck gaiter